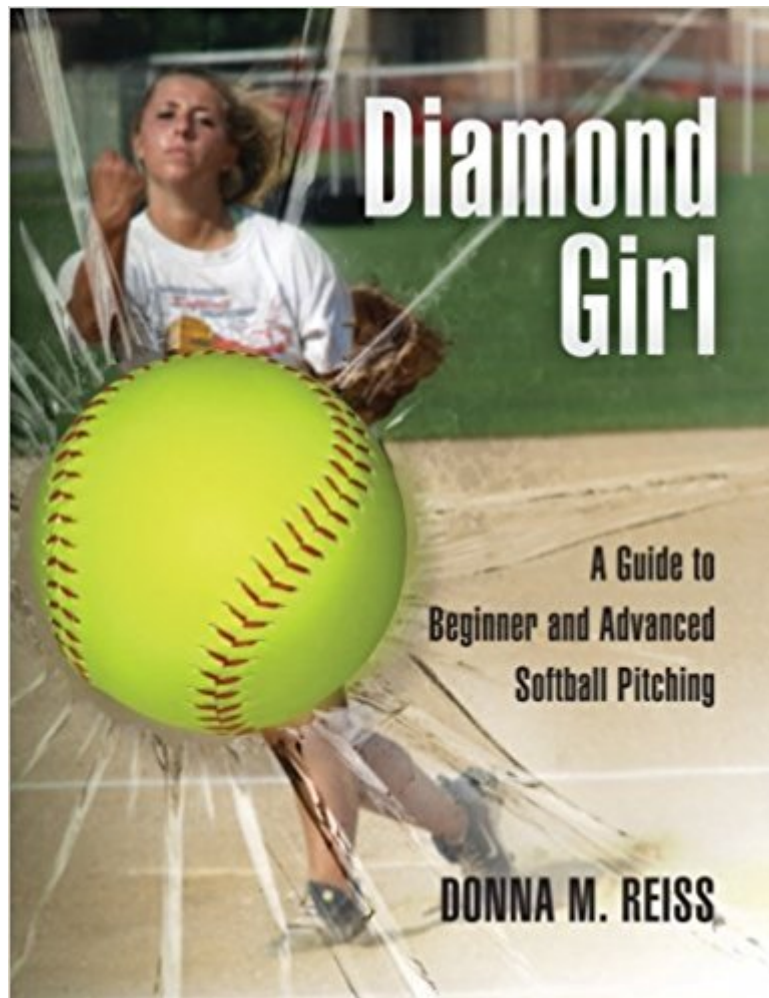




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Diamond Girl: A Guide To Beginner And Advanced Softball Pitching



Synopsis

This book is a comprehensive drill book intended to help beginner and advanced pitchers, coaches, and parents. The content moves through the proper pitching progression from learning the basic mechanics to developing the movement pitches. A look at pitching from a former professional catcher's perspective provides insight into the pitcher/catcher "battery." The importance of the pitcher's mental preparation to manage the game is discussed. Practicing needs to be fun or the pitcher will soon get bored. This book also introduces fun activities, some that don't even need a softball, which focus on specific areas of the pitch. Have fun!

Book Information

Paperback: 114 pages

Publisher: CreateSpace Independent Publishing Platform (December 2, 2011)

Language: English

ISBN-10: 1466234156

ISBN-13: 978-1466234154

Product Dimensions: 8.5 x 0.3 x 11 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 6 customer reviews

Best Sellers Rank: #683,986 in Books (See Top 100 in Books) #40 in Books > Sports & Outdoors > Softball

Customer Reviews

Quick shipment and what I needed to review my pitching for coaching!

As a coach that teaches multiple age groups, it is great to have a book like this to help pitchers of all ages. I also like that it gives different pitching drills that are fun as well as fundamental and don't always require a catcher. Parents and coaches will find this book just as informative whether they are teaching or supporting their pitcher at the beginner or advanced level. The pictures just make this a 5 star book all around.

My daughter likes the book.

With clear, concise text and plenty of illustrative photographs, Diamond Girl is a great book that every pitcher and coach should have on their shelf. In addition to detailed instruction and drills for

the beginning pitcher, this book also contains a lengthy chapter on "movement pitches" for advanced pitchers. Diamond Girl also includes wonderful sections on pitcher-catcher teamwork, selecting an appropriate pitch by "reading" the batter, game management strategies and "troubleshooting" problems with corrective drills. Very informative, thorough, and fun!

Great Book for coaches, parents and players. Clear helpful instructions, great drills! The pictures really demonstrate what is being taught in the text. A useful addition to a coach's library!

This book is great for any girls looking to get tips about pitching for softball. The pictures are a terrific addition to the text which is clear and informative.

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